

I approached Family Constellations gradually, researching and reading opinions. I was finally able to participate in a group, led by Luca. It was a profound experience, which showed me patterns and dynamics of my family, with the possibility of observing from the outside. There was good energy in the group and even without knowing each other, we felt close and connected. Luca is a reliable and precious guide, his presence makes you feel protected and at ease. His guidance allows you to acquire elements of yourself and your family sphere, in order to illuminate forgotten or lost spaces. An important experience in the path of life.  
Rosi

It was an intense experience. I enjoyed entering the pure dimension of feeling the body, keeping the mind outside the door. There is something bigger and inexplicable, which leads people to move in the right directions, without anything being revealed at the beginning, and then finding confirmation when space is given to explanations, to words. I appreciated Luca's professionalism: his ability to take care of each subject immersed in the "representation", the delicacy with which he accompanied people in the constellation, ensuring that each one ended in a state of well-being. It was also surprising to feel how some people resonated with me, without knowing them. Thank you.  
Romina

Family constellations are a powerful tool for those who want to work on themselves and untie energetic knots. It takes commitment and courage, as in any growth path, but the result can repay the efforts. With Luca I found an extremely welcoming and safe environment, thank you, thank you, thank you!  
Manuela

I attended my first family constellations workshop with Luca. I was both an issue holder for my own constellation and representatives in other participants' constellations. The experience was magical - Luca held the space beautifully - he is a very special and generous person - and I received many insights and felt energetic and emotional shifts from both my own and other participants' constellations. Looking back I can see the constellation started to make shifts in my life at least a week before the session, and I have observed the shifts that have already happened less than two days afterwards. I am very grateful. Thank you to Luca and all of the beings who participated 🙏💕

Jade

I recently attended a group constellation session, and it was an incredible experience. The session allowed me to tap into some of my personal issues, but what made it truly unique was the ability to connect deeply with others' constellations as well. It was emotionally intense yet deeply rewarding. While it's hard to fully put the experience into words, I left the session feeling much more at peace.

Luca is absolutely lovely—kind, compassionate, and insightful. I am excited about doing it again!  
Maja

Thank you Luca, for your presence and for facilitating the space where healing can occur so naturally and at the same time with containment and care. Personally, I feel that participating in family constellations helps me deeply for my personal journey and I would say that it also enriches life in the community.

Annalisa

I had been hearing about Family Constellations for a long time but I was skeptical. I had the opportunity to participate in an evening with Luca and I was amazed by the events that followed each Constellation ... he is charismatic and very competent; I felt at ease and I fully experienced the emotions that emerged during the evening! I understood the power of energies between people ... thanks Luca!

Claudia

Hi Luca,

The experience was absolutely useful, engaging and also fun! I highly recommend it to anyone who wants to bring clarity and order to their existence.

I will definitely go back! 🙏❤️

Diego

I want to thank Luca for the constellation sessions I did, for his kindness and professionalism! They were fantastic and very useful for my personal growth journey that I am on..... An excellent tool to heal our wounds... I will continue to do them and I highly recommend them to everyone!

Maresa

Luca is a beautiful person with a big heart, an excellent constellator and personal coach. I highly recommend participating to his events

Enrico

It was a new experience for me.

I entered with a lot of curiosity and I left with a lot of awareness: we are all here in life to improve ourselves, to love, to help each other, to do good and we are also very sensitive. Each of us is suffering for something, but it is really nice to see those who know how to get involved and try to turn things around.

Matilde

I participated in two sessions that left me amazed at how the minds of people who do not know each other tune in and mature answers.

Well done Luca who, remaining outside, maneuvers the dynamics in a highly professional way.

In the end, unknown participants feel connected to each other for a subtle and profound experience lived together.

Gian Luca

I attended the Family Constellation workshop with Luca Ocelli. it is incredible how people connect and the Constellations unfold.

It was an amazing experience and I recommend.

Dina

I had my 1st experience with Family Constellations.

Luca has an amazing positive energy and provide a safe and non-judgmental environment.

I felt connected and uplifted.

Thank you Luca for the marvellous work you do and for sharing your light.

Claudia

My first experience with family constellation was very deep and moving. Even though I didn't have my own constellation being part of others really touched me and gave me a profound insight of my own life patterns. I'm so grateful to Luca and the group for allowing me to connect in such way. Thank you Luca 🙏❤️

Adriana

"Luca held such a strong, safe, and supportive space during the session, allowing me to fully experience everything that arose with complete acceptance. It was truly a welcoming environment. I witnessed every participant gain profound insights and healing throughout the workshop, and the energy in the room was palpable. I would wholeheartedly recommend anyone to attend one of Luca's family constellation workshops—it was a deeply powerful and transformative experience."

Charlene

Luca is fun. He also seems committed to the liberation and wellbeing of all. His knowledge and understanding of Constellations is enormous and yet he has a light touch which enables great depth extremely quickly. Everyone should have an opportunity to experience his groups at least once in their lives.

Ranjit

This was my third group session with Luca and the first in which I didn't do any 'constellation-holding' for myself but simply represented in other people's work. Even though I spoke very little I felt just as involved in their processes as if it had been myself. The group energy level was high and I left feeling fully satisfied and fulfilled.

Pete

WOW 🤩 what an experience! After attending twice and clearing some relevant family trauma, I focused my constellation yesterday on my future goals and happiness and what a wonderful outcome! Constellations allows us to see things in the third person, and often face some of our already subconscious fears, hopes and desires, without judgment and all with love. If only I'd found this modality sooner. I'm excited about my future, it's looking bright with Luca's talent for holding space and creating a field of opportunity. Thank you, Luca! ❤️

Shruti

For many years I had heard about Family Constellations, but I had no idea what they were about until a few months ago. Yesterday was my first Constellation, and it was a very emotional, overwhelming experience, beyond time and space. There was complicity and empathy among all of us participants, and Luca's guidance was wonderful. From my personal experience, I can say that I felt energetic movements around me the moment I decided to participate. This was just the first of many to come. Thank you, Luca.

Roberta

I attended my first Family Constellation seminar with Luca. I participated both as the one carrying my issue in my constellation and as a representative in the constellations of other participants. The experience was magical. Luca masterfully managed the space. He is a very special and generous

person. I received many insights and felt energetic and emotional shifts from both my constellation and those of the other participants. Looking back, I can see that the constellation began changing my life at least a week before the session, and I observed changes that had already occurred within two days after the session. I am very grateful. Thank you to Luca and all the beings who participated.

Jade

The constellation I did with Luca was very intense: each of us came out lighter from burdens that were not ours but that we were struggling to carry. Each one of us returned to their rightful place in the family hierarchy. It was my first constellation, but it won't be the last! Thank you.

Michela

Good evening, Luca. I wanted to thank you for the wonderful session we had together! I changed everything in less than two weeks! A revolution. Have a great weekend.

Laura

Hi Luca, just hearing you speak brings peace and serenity. Then what happens during constellations is incredible and so effective: yesterday, I had the distinct impression that a barrier had been removed from my life path, and at the same time, I gained another tool to move forward with more ease. What can I say? Thank you, thank you, thank you!

Marisa

A whole new world opened up for me doing constellations with Luca, something that seems surreal but is truly not. The word that comes to mind is 'wonderful.' An experience I hope to repeat as soon as possible. Thank you, Luca, truly.

Jessica

It was an extraordinary experience, and it's difficult to explain what I felt. It was something so intense that I never imagined feeling. Thank you again. Luca is a kind and generous person.

Francesca

I participated in a constellation with Luca in January—it was my second time; the first was years ago, not with Luca. Now it's April, and I'm almost stunned by everything that has happened since that day in January. My relationship with my father seems almost surreal, and the ease with which I navigate daily life is simply astonishing. But the most important thing is that things come to me without asking. It's simply fantastic to let things happen. I already knew that constellations are a powerful tool, but this time it was really something else! Thank you, Luca, for your professionalism.

Nadia

Luca creates a warm, welcoming, and safe space, full of patience and very positive energy. I had both a one-on-one constellation and a group constellation. Luca's radiant energy envelops the whole group, making me feel immediately at ease in a circle of strangers. His approach is very effective and leaves room for absolutely amazing experiences. Family Constellations are incredibly fascinating!

Lisa

Hi Luca, spending International Women's Day in a group constellation with you was wonderful and unconventional. I found a serene and welcoming environment. Your simplicity and kindness made me feel unexpectedly at ease. The ability to see what I'm experiencing represented by others helped me become aware of it, and while waiting for the energy to do its work, I wish you all the best. Laura

Hi Luca, it was a wonderful experience. I feel a beautiful and positive energetic shift inside of me, and a sense of lightness. Thank you, thank you, thank you.

Nenella

The reason I attended one of Luca's Family Constellation workshops was because I liked the story on his website about the stranger who approached him on the street with a message from his mother. At the seminar, I burst into tears for only the second time in my life, reliving my troubled childhood relationship with my mother. Someone commented that I was simply feeling sorry for myself, and it was true; it was a process as valuable as gold. Afterwards, I felt perfectly normal and had forgotten the emotions of the process. At the same time, there's a faint trace of awareness of self-relaxation. So it worked like magic for me. Oh, and Luca is a lovely guy.

Peter

I recently attended a constellation session with Luca. I went with no expectations, despite having read about it some time ago, and friends and acquaintances had invited me to similar meetings, but I always deliberately kept them at a distance. Then I decided when I received Luca's flyer. I didn't even want to do a constellation; I wouldn't have known where to start, and then, I found myself sitting next to him, and I began. It was an intense, unexpected, but extremely enlightening experience. Now, I am reaping the benefits of what came out, and I must say that the emotions are working positively! Thank you, Luca.

Anna

I recommend everyone to experience at least once the constellations held by Luca. It's incredible what can happen thanks to his expertise and skills. Extraordinary!!

Luisa

I did my first constellation with Luca. It was an intense experience, full of beautiful emotions—overwhelming but safe and comforting, like a warm hug. It couldn't have been otherwise with someone of such great personal and professional depth, while also being humble and empathetic like few others. Thank you, Luca. Francesca

I would like to write many things; I would like to tell you what happens inside and outside, but I can't. Family Constellations happen, Family Constellations are lived, and they move through you—they cannot be explained. From what remains, each person has their own experience, but the sharing, the

presence, the drive, the joy, and the awareness that everything can be different from how it seems, that's something for everyone. And I want everyone to know that.

Silvia

I think back to when I was little, playing with my cousins as the mom, dad, and child. We were them, and the truth came out. How much we have to learn from children! In the same way, within the circle of constellations, a powerful energy field is generated in which the representatives, just by feeling their bodies, perceive the emotions and energies of those they represent. We are them, and the truth comes out. We are guided and helped only by two things—by Luca, who with professionalism, sweetness, and attention channels and makes the energy flow functional, and by the sense of love that permeates the circle. From strangers, we suddenly all feel connected. Thank you, Family Constellations. Thank you, Luca.

Stefania

Like a Matryoshka doll, I arrived at you, Luca. I was a little apprehensive, but now, just over a month later, I am truly happy to have had this experience. Within a few days, I felt something in me loosen, and my posture has improved! What can I say? Thank you!

Federica

It was a unique experience, one worth trying. I connected with my emotions and with those of my family members, even if represented by others. I better understood the dynamics of their world and mine, with greater awareness of those who are no longer here but are still close to me. Thank you, Luca.

Ivan

I am an extremely extroverted person, open to everything life has to offer. Ten days after my first Family Constellation experience with Luca, I can honestly say that I am fully aware of myself, of every emotional state, and I have held my own hand from my first childhood steps until today. I have reached a great sense of peace, joy, and fulfillment. There is no "thank you" big enough for what I feel, but I will express my gratitude every single day by honoring my life. Best wishes, deep soul.

Denise

Today, I had an open, warm, and sincere experience. I did a Family Constellation with Luca. His energy, his aura, his feelings—no more words are needed. Today, I found a better version of myself, 100% for sure. I didn't believe the effects would bring changes almost immediately, but here they are.

Merle

After the first time I worked with you, it was as if something clicked, and in a short time, I gained strength in a field I've been studying for years but never dared to expose myself in—the systemic field. After the work and many of your videos I listened to, I felt ready to take the step, and I began to work decisively in the family field. For this, I thank you and will be forever grateful. Your imprint set everything in motion, but more importantly, it made me believe in myself and my abilities! You gave me a great gift without even knowing it!

Monica

Hi Luca, I really enjoyed the presentation you gave yesterday. I've already benefited from it. Today, I spent the day driving 160 km in the rain, taking my father, who suffers from Alzheimer's, to the hospital. Believe it or not, we both had fun, and it was a beautiful day! I kept a positive attitude toward him while

we listened to my favorite music in the car. We laughed and joked. Honestly, I felt great all day, so it was very easy. Thanks again! Fern

Two intense days full of thought-provoking moments and exchanges with others and oneself—a truly fascinating reading of life and its dynamics.

Massimo

After attending the self-awareness course, I learned to approach life differently. This brought many benefits right away. Although small, I couldn't remain indifferent! As a result, I have gained joy and serenity. I must admit I am extremely satisfied, considering my initial skepticism.

Nicholas

Hi Luca, I want to thank you for this wonderful opportunity you gave me in these two intense days full of emotions. First, by recognizing what disrupts our life path, and then with your help and great willpower, breaking down the walls we create that are only part of our minds. With gratitude.

Grazia

Being able to share our innermost selves with Luca is an opportunity not to be missed. He helps us return to our true essence, to be connected and present, and to strip away what prevents us from following our path. Luca teaches us that we are unique, special, and perfect just as we are—without judgment, without preconceptions, without fear. Thank you, Luca.

Daniela

Thank you! I recommend this experience to everyone. A wonderful course that: helped me understand myself better, made me feel welcomed and serene, showed me through many exercises how the mind works, allowed me to listen to myself deeply, introduced me to sincere and profound people, let me experience moments of joy and connection. Thank you so much!

Helene

Six evenings flew by like the blink of an eye. We worked intensely, doing practical exercises that allowed us to put ourselves out there to the extent we felt comfortable. Finally, few words and many actions. If you offer another seminar, consider me already signed up. Thanks from the heart also to those who shared this journey with me, making everything more real. A true journey toward greater awareness.

Silvia

I thank Luca for giving life to these six meetings dedicated to self-awareness, rediscovering our soul. A very positive experience. Evania

I had the privilege of meeting Luca a few months ago for a Family Constellation session, and I must say the experience was absolutely transformative. Luca is not only an excellent professional but also a guide who illuminates and accompanies you with wisdom and serenity through a deep inner journey. A month after the session, I had such a vivid and significant dream that I cannot help but attribute it to the incredible work we did together. This dream allowed me to confront and resolve inner conflicts related to my family history in a way I never imagined possible. It was as if Luca was there with me, guiding me with reassuring and confident light, just as he did during the session. The healing and

liberation process I experienced was powerful and freeing. The deep understanding and awareness I gained thanks to Luca's work allowed me to release emotional burdens I had been carrying for a long time. Working with Luca is not just a therapeutic session, but a true journey of discovery and personal growth. His empathetic presence and skill in guiding constellations make every encounter unique and deeply enriching. If you're looking for someone who can truly make a difference in your life journey, I highly recommend Luca. His dedication, professionalism, and extraordinary ability to create a safe and welcoming space will allow you to explore and resolve family dynamics in a profound and lasting way. Thank you from the bottom of my heart, Luca, for your incredible work and for bringing so much light and clarity into my life!

Maribella

Hi Luca, thank you for this experience. It was very interesting, with very powerful energies. The whole context, from deeply touching situations for each person and their story that accompanies them, enters you, and you become part of it even if you don't want to! Living intense emotions enriches you inside! Beautiful experience, thanks again. Until next time. Goodbye.

Irene

I have participated in Family Constellation groups twice and also had individual sessions with Luca. With all my heart, I am grateful to Luca for being a true, competent person with deep knowledge and professionalism, for his being, and for how he conducts and accompanies in his sessions. With all these abilities, he creates a welcoming, non-judgmental environment where people bring to light even painful lived experiences. In this atmosphere of pure love, everything happens spontaneously and without judgment until every part of oneself is healed. In harmony and simplicity, Luca knows how to transmit a lot. He has given and done so much for me, and I've resolved both conscious and unconscious dynamics with surprising results! Thank you, Luca Occelli, and thank you to those who participated in the Group in Genoa yesterday. We will certainly meet again. See you soon... thanks to all of you, and I send you a big hug.

Marisa

The seminar yesterday took place in a loving and caring space. It was deep and transformative, but also gentle and kind. I really enjoyed it, and I can't wait to participate in the next one.

Nicola

This was my first Family Constellation with Luca, and it won't be the last. He held a truly safe space and kept the constellations clear and on point. Six people managed to do a constellation in the time given, none of them feeling rushed at all, and in the end, everyone achieved a clear result.

Jo

I attended a Family Constellation seminar with Luca in London. I really enjoyed this very intimate session, and everything worked perfectly for all of us. Family Constellations are a bit like magic. You will never understand until you experience one. I highly recommend it to anyone ready to embark on a deep ancestral/family healing journey or when you feel something is stuck in your life. It will change your life. What came out of my constellation was exactly the affirmation I needed from the universe. Forever grateful!

Adrienn



With Luca, I did my first individual constellations, and I got so much out of it. I also did a group constellation, and it was an experience of incredible power. With the group, a very strong and unexpected energy is created. Thank you.

Marta

I had a group session of Family Constellations with Luca. It was an extraordinary and unique experience. Luca, as a facilitator, is very kind and professional. I highly recommend everyone to participate and experience a Family Constellation session with Luca! Whether you believe in the energy field or not, this will be a unique experience that you'll want to repeat, to better understand yourself and your ancestors and to move forward.

Adina

It's always very interesting to listen to your deep discussions about constellations. I personally can say that I had a wonderful experience when you came to Monte Olimpino, and since that day, my sister, after seeking me out and saying only a few words—she said she was depressed after her husband's death, and I replied very calmly that she had been lucky to be together for more than fifty years and to have had a life that was both dignified and, at times, joyful. I told her our parents both died when they were 45 years old; what should we have done then? You have a son, Luca, over fifty years old, who needs to see you doing well and to live more peacefully together. The rest, if you can't manage it, a caregiver will take care of, but at least you are together and can still share life. Well, since that day, she has slowly started to respond, and she is now regularly taken by Tina, and she seems to be doing much better. I must say that your session really sorted out both my problem and hers, and for that, I will be eternally grateful to you. I care for you deeply. I hope to see you again soon at Franco's, maybe before next summer.

Ermanna

My name is Claudio. In the past, I had already done an individual constellation with Luca but never a group one. Well, on Friday, October 27, in Saluzzo, I had the opportunity to participate in a group constellation with Luca, and it was an exhilarating experience, to say the least, filled with touching moments. A strong, very positive energy was palpable. The emotions I felt were overwhelming during the various constellations of each individual who gradually sought to clarify or untangle specific knots in their own lives. I believe Luca has exceptional sensitivity and a high level of professional preparation. He manages to involve and direct the constellation, intervening only when necessary and leaving the individual with complete freedom to express all the emotions and feelings they are experiencing at that moment. As for my personal experience, I was repeatedly called upon to represent a character by those who were constellating at that time, and I assure you that I felt incredible sensations, emotions, and even physical states. It was a very pleasant evening that I highly recommend to everyone, with the guidance of a professional like Luca, whom I warmly thank—thank you, thank you, thank you for this beautiful experience. Claudio

I participated in a Reconnective Healing session and a Family Constellation with Luca. I discovered through one that I had an energy I didn't think I possessed, and through the other, by sharing experiences with people I had never seen before, I connected with them and was able to express a part of myself that I always keep hidden. Only by experiencing it can one understand. Thank you, Luca.

Nadia

I think there is only one word to define Luca: POSITIVITY. With his way of doing things and sharing his experience, he gives you a great boost of positivity. I've done two constellations and some evenings with him, but beyond that, we've had the chance to talk and spend time together outside of the sessions, and I can guarantee that he's truly an exceptional person.

Efisio

I've known Luca for several years. Every activity or experience during his meetings brings me so much energy and gives me the strength to start over during difficult moments. After this Sunday's constellation experience, I went home with added value for my inner growth.

Mauro

I had a session with Luca for a Family Constellation. It was so incredible. I felt relieved and safe in my body, with an immediate effect. I don't even know how to describe it, other than I felt like I was floating like a feather. Thank you, Universe, and thank you, Luca. Paola

A peace... a calm... a serenity... a positive energy and a desire to act like I hadn't felt in a long time.

Romi

I had a session with Luca. I can honestly say that the work changed my brain, the way it functions. Having had all kinds of healing sessions over 25 years, this session resolved the original issue that led me to seek healing in the first place. Thank you! Christine

The seminar was fantastic, as was your energy and passion!

Sarah

I participated in a day of Family Constellations with Luca for the first time. It was an intense and engaging experience from start to finish. I hugged people I didn't know before. I cried with them and felt moved thanks to them. We laughed, talked, discussed, and traveled through time together. I feel deeply grateful to Luca for giving me this opportunity, and constellating has taught me lessons I will carry with me forever.

Francesca

I participated in the self-awareness course, and I'm glad I did because I tackled topics that were completely unknown to me but that fascinated me. Above all, they taught me to approach life in a more emotional and less rational way. The results are being seen by the people around me, both at home and at work. It is certainly an experience worth having, also because of the involvement that Luca conveys through everything he does and says.

Silvio

For all those who have ever been interested in their inner world, have asked themselves questions, and sought answers: this self-awareness course lays the foundations for concrete and stable evolutionary growth. For the uninitiated, the experience will be revolutionary and creative.

Valeria

Hi Luca, I'm writing to thank you for your excellent seminar last Sunday, which, as far as I'm concerned, has already had amazing effects on me since yesterday (I'll spare you the details due to lack of time).

Luca

I was going through a period of great emotional difficulty. I felt crushed by the judgment of others and unable to take back control of my life. Then I met Luca, who I thought was by chance, but it wasn't. His teachings opened up new horizons on old perspectives, and everything was so easy to resolve that I feel a strong need to tell everyone that Luca Occelli is an opportunity not to be missed. He is the opportunity life gives us to be the masters of our own house, the masters of our own existence.  
Silvia

Incredibly helpful! I recommend reaching out to Luca if you need to make an important decision or if something is worrying you. He can give so much in a short time!

Miriam

There are things you seek, and others that seek you. This is how a book by Giorgio Faletti begins. This is how this course started—it literally came looking for me. I didn't need the usual course, but that course. It's as if Luca Occelli had placed in my hands many precious tools called awareness, presence, listening, and self-knowledge, with practical advice and instructions for use. Having something concrete instead of the usual vague talks made all the difference, especially in these times. I wholeheartedly recommend this experience. You will come out transformed. Thank you, Luca! Chiara

I had the pleasure and honor of participating in a six-session course on how to create self-awareness. It was a revelation! Practical, far from the usual discussions that never get to the heart of the matter. It gave me indispensable tools to build the best version of myself! I recommend it from the bottom of my heart. Thank you, Luca! Chiara

The self-awareness journey has concluded, and I am grateful to you, Luca. You helped me see things from a different perspective—what happens in my life and how to change situations positively. Thank you.

Grazia

I followed several live streams on Facebook, and I was very impressed by his being. I find him very knowledgeable, professional, but also humble and loving. I like his honesty and directness, especially with himself. I really like his consistency and faith. After seeing all of this, I did two constellations with him, and I witnessed his expertise firsthand, and I appreciated even more the person he is. I wholeheartedly recommend anyone who wants to work on themselves to contact him. I'm glad to have met him. Francesca

Thanks to my partner, I met Luca and constellations, but I chose to do a personal one first and then a group one only this year. Everything has its time, and you have to feel the internal push to do it. The first personal constellation was an intimate moment, a release of emotions, and then came the time for the group one. I participated just a few days ago, and what happened was surprising—I was amazed. I saw the dynamics of my family in a different light. Many of the conditioning factors in my life came

from this, and now I realize it was all just my projection. I believe one shouldn't rationalize too much—what happens in the constellation really shows you how energy moves, how we are connected. I can't recommend enough that you do it if you feel ready to embrace what will come. What will happen from now on? I'll find out, and for sure, it won't be my last constellation with Luca, who knows how to be a strong yet discreet presence. Everything happens naturally if we don't resist it. Thank you, thank you!

Nadia

Hi, what can I say? An experience that has no right words to describe everything you feel during and after the constellation. For me, it's an experience worth repeating and one I would recommend to anyone who wants to change something in their life. Thank you to Luca and to all the participants.

Caterina

I met Luca yesterday. I went to him without the slightest idea of what the meeting with him would be like and, above all, without the slightest idea of how I would come out of it, having never dealt with professionals like him and never having heard of Family Constellations. I met Luca as a person, a fantastic professional, who made me feel very at ease, encouraged me, and at the same time, reassured me about all the fears and doubts I had until yesterday. And he introduced me to this method, if that's what we can call it, of Family Constellations. I can't explain it—I'm not able to, and perhaps I'm not even interested in digging deeper into the how and why. I only know, with certainty, that I came out of this fantastic experience with a new way of thinking, of approaching so many thoughts that used to tie my mind in knots. I came out with an inexplicable lightness of heart, with a newfound self-esteem, and with renewed confidence in myself and my abilities. With a strength I had lost, which Luca managed to give back to me with his words and with his abilities as the professional that he is. I will meet him again because it was truly a surprising and effective experience. Thank you, Luca.

Laura

Luca, what can I say? Yesterday was the second constellation I participated in, and I never imagined feeling such emotions. It's impossible to explain them in words—you just have to open your mind and heart and participate to understand! Your presence puts everyone at ease. The atmosphere with you is welcoming, and you emanate serenity, tranquility, and a love for what you do. THANK YOU.

Eliana

Luca, I am so grateful to you for the wonderful Family Constellation seminar you held in Sardinia in April. It was a transformative experience that left a significant imprint on my life. Your ability to perceive subtle dynamics and guide with empathy and wisdom was truly extraordinary. I was struck by the energy that could be felt during the seminar. Thank you for helping me better understand the dynamics of my family and my past. I highly recommend your course to anyone seeking personal growth and a deeper understanding of family dynamics. Your unique approach is a true gift to anyone looking to explore themselves. Once again, thank you from the bottom of my heart for sharing your wisdom and kindness with us during the seminar. I hope to participate in another constellation soon.

Helene

I didn't know what or how I would benefit from a session, but it happened. This is for anyone with unresolved family relationships—or even two. Thank you, Luca.

Anna

I attended a day with Luca, whom I had recently met through word of mouth. Initially, I thought, “I have nothing to bring to the constellation,” but something always comes up. Sometimes, without even thinking, you find yourself sitting next to Luca, and things start coming out, and you start letting go. Luca is a guide who manages to put you at ease and helps you express yourself with the LOVE that should be our daily language for a serene and free life. This freedom opens your heart and brings you to a dimension where you feel good and at ease, all together. After spending the day together, you’re already thinking about what you’d propose for the next constellation to improve your family communication. It was wonderful to meet you, and I consider you the right person to constellate my imperfections. Thank you, thank you, thank you.

Irma

Yesterday, I experienced something truly wonderful. I attended Luca Ocelli’s Family Constellations event, which examines how your current situation is generated by your family relationship, sometimes across generations. I’m sure everyone who participated gained a lot in terms of self-awareness and also a deeper understanding of their family. It was profound, traumatic, and heartbreaking for some, but truly rewarding because, through Luca’s facilitation, you’re able to find solutions (or at least peace in understanding) to many situations and bring joy into your life. As for me, I was able to understand exactly what my block is and how to overcome it. Truly amazing. If you haven’t tried it, do it.

Helen

A true professional, deserving of the title, with him you arrive at an evolved professional figure capable of integrating information that very few master. His integrity and energy have greatly helped me in exploring important dynamics in my personal life journey, which has never been just therapeutic but has been much more naturally conscious.

Manuela

On Friday, the 27th, I did a Family Constellation with other participants, where their issues also helped resolve mine. I thank Luca, who with great sensitivity and professionalism united all of us in a wonderful evening full of emotions and very moving moments! Thank you, thank you, thank you.

Marilena

Hi Luca, first of all, thank you for the day we spent together! I had never participated in Family Constellations and didn’t know what they were about. It was an emotional, intense, and special experience, and I would definitely do it again. I feel like a different person. I understood various aspects of my family life that will certainly help me improve my relationships with all of them. Thank you.

Sabrina

Hi dear Luca, I want to thank you because you are a very special person. Thanks to you, I found peace in certain situations, understood many things, and resolved them. Your positivity brings so much light to my heart—thank you, thank you, thank you. Veronica

Good morning, Luca, yesterday afternoon was beautiful for me too! The experience was emotional and left me with a lot of material to work on. I left feeling light-hearted but also deeply touched. I hope to

repeat this experience and maybe even see the people who were there yesterday because I felt at ease with them right from the start. Silvia

I had a session with Luca, and at first, I had no expectations, but the session really helped with the existing problems and concerns I had and gave me a sense of relief that I rarely experience. The help was really useful, and I would definitely recommend it again. Rachel

The experience I had with Luca during the Constellation, which was done on Zoom, opened me up to a new vision of myself, of others, and of life. I felt a warm glow in every part of me and with serenity released tears of joy and tenderness. In the following days, I found my joy and a sense of fulfillment and belonging, and so much more. I thank Life for giving me the gift of meeting Luca, his firmness, humanity, delicacy, and professional competence. Thank you, thank you, thank you.

Marisa

In autumn, I participated in a self-awareness course led by Luca, and I was thrilled by how such important and profound topics were explained with such simplicity, truly offering our lives a positive shift. It was essential to understand that we can achieve what we desire simply by truly desiring it, with determination. To get to this point, self-awareness is necessary. That's why the course was so important to me!

Valeria

The self-awareness course fascinated me, involved me, and helped me because I was looking for further confirmations on all those topics I believe to be fundamental and to be the real part of life, but for which we rarely find common ground with others. The course not only gave me the confirmations I was seeking but did much more because Luca managed to concentrate and systematize all the knowledge I had laboriously acquired over fifteen years of spiritual work in the continuous search for AWARENESS. The course guides you with extraordinary naturalness and simplicity on a magical journey of discovering how wonderful life can be and how you can be the creator of your own happiness! It's awareness that makes the difference!

Paola

Thank you from the bottom of my heart, Luca, for these two seminar days you held in Cuneo on September 23 and 24. Thanks to you, I brought to light the spoiled child in me, who kept making me repeat the same mental conditioning, pushing people away from me. It's incredible but true: when you see yourself again and start from within, a world opens up, and relationships magically flourish again. A wonderful experience that I recommend to everyone—thank you, thank you, thank you.

Marilena

I've done many courses on my journey, all important and significant, but I must say that this course with Luca managed to bring me that serenity, confidence, and grounding I had long desired. Thanks to Luca Ocelli's simplicity, humility, humor, and professionalism, he conveyed and delivered his message into our hearts with harmony and love. So what can I say? Thank you, thank you, thank you. Thanks also to the wonderful companions of the course, each of whom in their own way brought a seed to my path. Valeria

Thank you, Luca. In tune with the topics covered in your videos and attracted by your being direct, clear, and concrete, I was sure the course would be a wonderful gift. And it was. You guided us with exercises and sharing toward greater awareness of who we are, why we are here, and what we are meant to do.

Natascia

Dear Luca, it's me who thanks you and the whole group: your enthusiasm and authenticity created a magnificent space for growth and sharing. From the start, you told us you would place great importance on practice, and so you did. This allowed us to grow and improve our daily lives right from the first meeting. Thank you.

Deborah

I'm really glad I did this journey with you. The simplicity and naturalness with which you convey important concepts, often not shared by the mainstream, allowed me to feel at home and to open up with trust to inner experiences of discovery and personal growth.

Barbara

I have just completed the cycle of six meetings dedicated to self-awareness, and I'm so happy I did it. I already know that I will miss these weekly meetings, not only because they helped me increase my awareness of who I am, what life I want, and how to get it, but also because they were hours filled with joy, deep emotions, and great connections. A course I would describe as satisfying from every point of view. Thank you, Luca! You are a Special Soul!

Silvia

I had a session with Luca today. Invaluable. Third time. Each time a new success on the road to recovering my well-being. Thank you, Luca.

Anna

Sunday, December 4th—my first time at a Family Constellation—a day filled with intensity, fullness, depth, rich in energies and emotions. Touching moments, vibrant moments. A welcoming, available, active group of participants, able to interact with incredible mutual correspondence. I was deeply moved. I let myself go. It was very, very powerful and beautiful. Luca, it's hard to find the right words to describe his professional yet human capacity. Sensitive, attentive, a great listener, and motivator of feelings. Thank you, everyone, for listening to me and accepting me. Thank you, Luca, for your sensitivity and attention